

Footwear Suggestions for Orthoses

This is a list of suggestions, not recommendations. In most cases, you should not go more than one shoe size larger. If you are having trouble you may have to seek a different style, not size.

Shoe Characteristics to use with orthoses:

- Flat external sole
- Laces/tongue opening that extends to the toes
- Removable insole

ACCESSORIES

Socks

- Online search AFO or KAFO socks, baby thigh high socks (for toddlers).
- Basico Girls Kid's 12 Pack School Uniform Knee High Socks.
- Over the knee sports socks

Shoe Horn

Stainless Steel
(do not get plastic)



Foot Funnel



Laces

One handed shoe tying and tie alternatives can be found on the internet.
http://www.hemihelp.org.uk/families/everyday_living/shoe_lacing/

Toggle Laces





greeperusa.com

Magnetic Shoe Laces

Zubits.com

Orthopedic Shoes

*Union O&P can provide when covered by insurance

*Answer 2	Orthopedic extra depth and width	
*Mt. Emey	Orthopedic extra depth and width	
*SureStep	Orthopedic extra depth and width	
Hatchback Footwear	Orthopedic hinge entry for easy donning	

Commercial Shoes

Skateboard style DC/Airwalks/ NikeSB/Vans/Adidas	Flat sole, wide toe box	
Easy Up	Rear entry for easy donning	
Tsukihoshi / Plae	Flexible sole (not good for toe walkers)	
Billy Footwear	Front zipper for easy donning	
Sketchers	Zipper for easy donning	
K Swiss	Flat Bottom	

New Balance	4E and 6E in some styles - ON LINE only	
Nike Fly Ease	Zipper for easy donning	
Stonz	Winter Boots	
MyMayu	All Season Boots	
Koolway Sports	Sportswear for disabilities	

Adaptive clothing options to check out:

<https://www.underarmour.com/en-us/mag-zip/g/311h>

<https://koolwaysports.com/>

<https://www.target.com/c/adaptive-clothing/-/N-ksyrz>

<http://usa.tommy.com/en/men-tommy-adaptive>

Find adapted playgrounds locally

<http://www.playgroundsforeveryone.com/>